

Alcohol Poisoning

Serious dangers of alcohol poisoning

- Alcohol overdose may lead to death or coma
- Brain damage
- Gag reflex is depressed which may cause victim to choke on his or her own vomit

Symptoms of alcohol poisoning

- Mental confusion, person does not know where he or she is
- Vomiting
- Seizures
- Slow breathing
- Hypothermia, bluish skin color, paleness
- Victim does not respond



What to do if you suspect someone has alcohol poisoning?

- See if the person responds or is coherent
- Check for signs of vomit
- Check pulse, if heart rate and breathing is slow, call 911 immediately
- Keep in mind that a person who has passed out may die
- Do not try to guess the level of drunkenness, call 911 for help
- It is better to be safe than sorry when it comes to a person's life

Preventative Measures

- Learn refusal skills and stay committed to saying "no".
- Spend time with friends you can enjoy without the use of alcohol

 **THE CENTER**
FOR ALCOHOL AND DRUG RESOURCES
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